



Textbooks can be easily purchased through Amazon by clicking the book title below where a link is indicated.
Note: when purchasing a Kindle Edition book, please be aware that page number may not coincide with our course curriculum notes.

Subject	Title	Introduction to Holistic Nutrition Textbook List	ISBN#	Edison Price*
NUTRF-A	Fundamentals of Nutrition	Diet and Nutrition, A Holistic Approach, Rudolph Ballentine (2007)	13-978-0-89389-048-3	Amazon
NUTRF-B	Fundamentals of Nutrition	Fundamentals of Nutrition Audio by Lynne Hinton (Plus HST or GST)	From Edison Institute	\$20.00
PHYS2B	Digestion	Nutritional Solutions for 88 Conditions, David Rowland, (2017)	978-1-5043-6978-7	Amazon
ECOL2B	Allergies	Nutritional Solutions for 88 Conditions by David Rowland (2017)	Purchased above	\$00.00
Electives	Choose one from below	Book Title	ISBN#	Edison Price*
NUTR5C	Pediatric Nutrition	Sprout Right Family Food - Good Nutrition and Over 130 Simple Recipes for Baby, Toddler, and the Whole Family, Lianne Phillipson (2019)	978-0735236059	Amazon
		Webinar: Building a Healthy Child www.nppwebinars.com/npp (No Tax)	From NPP website	\$30.00
NUTR6B	Sports Nutrition	The Complete Guide to Sports Nutrition (8th Ed.) –Anita Bean (2017)	978-1-4729-2420-9	Amazon
NUTR8B	Nutrition and Aging	The 10 Secrets of Healthy Aging – Patrick Holford (2012)	978-0-7499-5654-7	Amazon
		Nutrition and Aging Audio by Sue Skillins (Plus HST or GST)	From Edison Institute	\$20.00
NUTR9B	Body-Mind Nutrition	New Optimum Nutrition for the Mind – Patrick Holford (2010)	978-0-7499-2785-1	Amazon
PHYS3B	Nutrition Cardiology	Cardio Protective Nutrition by David Rowland	From Edison Institute	\$10.00
		Bypass the Bypass by David Rowland (2016)	978-1-5043-6227-6	\$11.75

*Applicable taxes and shipping are based on student’s location and not included in Edison Price. Prices are subject to change.